we Change lives

We offer a wide range of education, sport, cultural, play and leisure activities to engage children, encourage social interaction, develop self-confidence and increase resilience. To remove all barriers to access we provide transport to and from our services. Our fundamental principles are founded on respect, kindness and traditional values. We believe every child and young person deserves equality in opportunity and care.

Our model of working has been developed over 20 years of experience of working with children and families. To each child their attendance at Aspired Futures is about fun, enjoyment, freedom, safety and the opportunity to be with adults who are interested in hearing their opinions, hopes, fears and joys. We maintain robust assessment, monitoring and reporting tools and systems to ensure we can evidence efficacy of our services and reflect new initiatives to meet the changing needs of the children and young people. This is carried out in compliance with safeguarding frameworks and resilience best practice.

In this regard, Aspired Futures is in a strong position to discuss future projects with commissioners and partner organisations.



Visit <u>www.aspired-futures.com</u> for further information or for news and events see www.facebook.com/aspiredfutures/

"I started with Aspired Futures 4 years ago. I came because I have ADHD and my mum wanted me to come because she thought it would help both me and my mum as my mum sometimes struggles with my behaviour at home. Since then I have made lots of friends and my life has been changed for the better. AF has made me more confident, getting me involved with Drama, performing in front of an audience. I am now involved in the football on a Monday which keeps me going throughout the week. AF has helped me to control my behaviour dramatically which has helped my mum when I am a t home. This year we had the opportunity to go to the Lakes where we did scrambling and climbing on the high ropes. This experience gave me confidence and also an opportunity I may never get again. I have recently joint the Junior Board for the Sandcastle Waterpark, where I can give my views to the rest of the team"

aspired futures



why if works

The Aspired Futures professional team are supported by a large team of dedicated intergenerational volunteers to offer weekly support in small groups at our "home from home" centre. These volunteers are the lifeblood of Aspired Futures, we could not function without their commitment.

Providing long term support with short term funding is a challenge for Aspired Futures as a small local charity. We work hard to try and secure grant funding and benefit from donations and donations in kind. Support from local individuals, companies and social societies is vital to our sustainability and continuity of services.



L aged 14